



Newsletter
Conditioning for a Cause Event
Optimum Performance Training (OPT)
6/13/15



Partners For Cancer Care And Prevention had the privilege and honor of being a part of a fundraiser event at **Optimum Performance Training (OPT)**. We are thankful to Joe Sansalone, owner and director of Performance Enhancement Training at Optimum Performance Training, Karen A. Johnson, physical therapist, certified functional manual therapist, and owner of The Center for Integrated Manual Therapies, and Chase Lawrence, Performance Enhancement Specialist at Optimum Performance Training, who kindly put all of this together.

Thanks to the support from the OPT community we raised \$2,130! Dr. Singer, the fantastic OPT staff and clients, and Mavalynne “really sweat” for this fundraiser!!!

Sometimes in our lives we are challenged with complex situations like cancer. “Optimum Performance” sounds like a really good way to approach such obstacles, always trying our hardest and doing our best to achieve our greatest potential.

Let’s hold and support each other with faith, hope and love.

Mavalynne Orozco-Urdaneta,
Executive Director
Partners For Cancer Care And Prevention